



Out with
the Old,
in with
the New

EPHESIANS 4:17-32

Outline of Ephesians 4:17-32

1. The Old Walk: Life Without Christ (4:17-19)
2. The Great Change: Put off the Old, Put on the New (4:20-24).
3. The New Walk: Practical Transformation (4:25-32)

2 Main Divisions of Ephesians 4

1. 4:1-16—A Worthy Walk within the Church
2. 4:17-32—A Worthy Walk outside the Church (The New Life)

Terms

- “Futility” (NASB) or “Vanity” (KJV) is from the Greek word “**ματαιότης**” (*mataiotēs*), meaning “emptiness as to results.”
- It suggests a lack of purpose or failure to attain a true goal.

Terms

“Mind” is from the Greek word “**νοῦς**” (nous). Used in the New Testament, it denotes a faculty of knowing, the seat of understanding.

Terms

“The Spirit of the Mind” is the attitude or orientation of the mind. To be renewed in the Spirit of the Mind is to have the Spirit of God influence our thought process to reason things from God's point of view.

Out with the Old, in with the New

Laying Aside

1. Falsehood
2. Anger that is out of control
3. Stealing—taking things away from others for your own benefits and pleasure

Put on

1. Speaking the truth
2. Controlled righteous anger dealt with quickly: Be angry over the things that make God angry.
3. Working with your hands to provide enough to share with those in need

Out with the Old, in with the New

Laying Aside

1. Unwholesome words
2. Bitterness, wrath, anger, clamor, slander, malice

Put on

1. Words good for edification
2. Be kind one to another, tenderhearted, forgiving one another as Christ has forgiven us.

Examples of How Christians Lie

- Shading the truth, exaggerating
- Insincere compliments
- Trying to appear more spiritual than we are
- Saying we will pray for someone, and then we don't
- Lying on our taxes

Practical Helps to Control Anger

- Stop and pray.
- Be slow to speak and slow to anger (James 1:19).
- Forgive quickly (Col. 3:13).
- Use gentle words (Proverbs 15:1).
- Memorize Scriptures that pertain to control (Ps. 119:11).

Lessons

- Stop behaving like an unbeliever (4:17).
 - Don't hinder your own spiritual growth and that of the church.
- "Be renewed in the spirit of your mind" (4:23).
 - Change the way you think.

Lessons

- Choose to put off the "Old Self" and put on the "New Self" (4:24-32).
 - Change the way you behave.
- "Do not grieve the Holy Spirit of God" (4:30).
 - Obey His prodding on your conscience.